

# Potty trained faster with the Magic Potty Training™ kit

## 1) 'Is your child ready for potty training?'

You can only begin potty training when your child is ready. Using the checklist below, you can determine if your child is ready for potty training.

- My child can copy simple things that I do.
- My child makes it clear when he wants something or not.
- My child knows where things belong in the house and can put them back there.
- My child can sit and stand up again without my help.
- My child can pull a pair of (loose-fitting) pants up and down without my help.
- I can communicate with my child and explain the purpose of a Magic Potty™.
- My child shows an interest in a potty or in going to the toilet.
- My child indicates when he is wetting his nappy or has just done so.

Did you tick all the boxes? Then your child is ready to become potty trained and you can start following the action plan.

If there are boxes unticked or if you're uncertain about several questions, it's better to wait. The right moment will soon come.

### Good to know

It's not advisable to begin potty training during an exciting period, such as a birthday or the birth of a little sister or brother. There's a chance your child could resist or become insecure.

Is your child in a cross or stubborn period? Then it's also better to wait a while.

Being able to support your child through the potty training process is crucial and will require much time and love from you. If you're experiencing a busy or stressful period, it might be better to postpone the training.



## 2) Potty trained in 10 steps with the Magic Potty Training™ kit

Potty training is an important step in your child's development and on completing the training your child will feel grown-up and proud of himself. Naturally, you want to help him as much as possible along the way.

The practical action plan below describes step by step how you can encourage your child in a supportive way to become potty trained with the Magic Potty Training™.



### Important

**Regularly praise your child** with each small step he makes. This is good for your child's self-confidence and helps motivate him to do his best.

**Don't get angry** if your child wets himself. He doesn't do it on purpose. It's better to simply ignore these little accidents.

**Do not pressure your child**, even though you really want him to be potty trained fast. This could result in stubborn behaviour or could make him feel insecure.

1. Let your child see and play with the potty. Meanwhile, tell him what it is for and ask him if he'd like to try sitting on it with his clothes on. If your child prefers not to, try not to pressure him.
2. Together with your child, place a favourite doll or bear on the potty. Again explain what the potty is for. You can also pour a little warm water into the potty. Your child can then see what happens to the sticker. Respond very enthusiastically when you see the sun appear in the potty.
3. Does your child already want to sit on the potty with his clothes on? Great! Then suggest sitting on the potty without pants. Explain that the sun appears when he urinates. If nothing happens, it doesn't matter. Reward your child just for sitting on the potty.
4. If your child remains seated on the potty without clothes on, he might like to sit a bit longer whilst looking at a book. If he's feeling relaxed, there's a greater chance he'll urinate. You can read the accompanying children's book in which the sun plays the leading role.
5. You can often see on your child's face or from his behaviour if he is doing something in his nappy. Try to respond immediately by asking if he wants to sit on the potty. Don't worry if you're too late. The point is that your child learns to recognise the feeling of a full bladder.

6. Try to find out at what time of day your child usually wets his nappy and sit your child on the potty each day at that time, while you read aloud from the book. If you repeat this daily, then it will soon become a ritual.
7. Around this step, it's possible your child will really do something in the potty for the first time. If you praise him and show him how pleased you are, he'll feel very proud of himself. Now you can also mention how the sun appears in the potty: "You are doing so well! You have made the sun appear!". Every time the sun appears in the potty, you and your child can place a reward sticker of the sun in the children's booklet.
8. It may be that your child doesn't want you to empty out the potty. He may find it upsetting or he may be uncomfortable with it. Try to make the emptying out a fun ritual as well. If your child remains resistant to this, then it's better to empty it when he's not looking.
9. If by this point, your child is already urinating in the potty, it's time to go shopping for underpants together. Your child will probably feel really grown-up, which is an extra incentive for him to continue doing his best. It's most practical to agree that he only wears the underpants at home.
10. Even though your child now knows what must be done, it can still be difficult to recognise a full bladder on time. You can best avoid wet pants by introducing fixed times that your child sits on the potty. Meanwhile, help him by occasionally reminding him to go to the potty on time.

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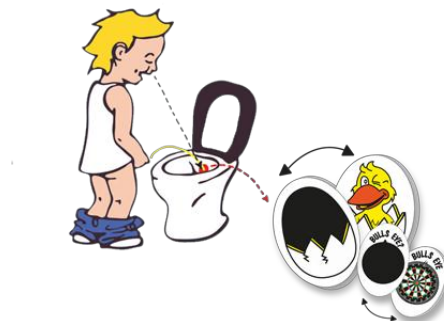
(Children and Toilet Training, M. Gouwerok, R. Hirasing. the Netherlands)

### 3) The next phase!

Around the age of four, little boys feel the need to stand while urinating. Sometimes urine is bound to end up next to the toilet rather than in it.

In order to teach little boys how to aim properly while urinating, Invented 4 kids™ has developed Magic Wee Stickers™ that can be stuck inside the toilet. A picture appears when your child urinates directly on it, just like the sticker in the potty.

Kids like it so much they're doing their best to hit the Magic Wee Sticker™ – this helps avoiding little accidents in the bathroom.



You can see which Magic Wee Stickers™ are available via the website [www.invented4kids.com](http://www.invented4kids.com). Here you can also place your order directly.